

WELLNESS WEDNESDAY QUIZ    ANSWERS TO THE QUIZ  
November 21, 2007

- 1) Lemons contain more sugar than strawberries?    True T    False
- 2) What vegetable is named after a Latin word meaning large pearl?    Onion
- 3) What % of the world's population live on a staple diet of rice?    50 %
- 4) In France, approximately how many snails are eaten each year?    500,000,000
- 5) What was the first breakfast cereal ever produced?    Shredded Wheat
- 6) Which is heavier cream or milk?    Cream
- 7) In what century was instant coffee invented?    18th
- 8) You are more likely to be hungry if you are cold?    True T    False
- 9) Where were Frankfurter sausages first created?
- 10) How many calories does it take to make a pound of fat?    3500
- 11) What food is used in the manufacture of dynamite?    Peanuts
- 12) The average person eats about how many pounds of food each year?    1,500
- 13) Alfalfa is supposedly the oldest know plant used for livestock feed, approximately when was it first used?    1000 B.C.
- 14) About how deep can the root of the Alfalfa plant grow?    40 ft.
- 15) What year was the Universal Product Code (UPC) first used?    1974
- 16) Who was the Baby Ruth candy bar named for?    President Grover Cleaveland's daughter
- 17) When was the Butterfinger candy bar invented?    1923