

# GOVERNOR'S COMMISSION ON SENIOR SERVICES

Wednesday • December 3, 2008 • 3:00 P.M. – 4:50 P.M.

Comfort Suites (Board Room) • 630 Hawthorne Street SE Salem, Oregon 97301

## HEALTH AND WELLNESS COMMITTEE

### MEMBERS PRESENT:

Peggie Beck

Patty Brost

Chris Flammang

Chuck Frazier

John Helm

Kathleen Schonau

Joan Staley

### MEMBERS EXCUSED:

Lucy Morgan

Millie Salt

### GUESTS:

Maryann Evans

### STAFF PRESENT:

Dawn Rustrum, Coordinator

Kelsi Eisele, Administrative Staff

### AGENDA ITEMS:

#### Call to Order

- Review and Approval of Agenda
- Review and Approval of Minutes
- Announcements

#### Public Comment

#### Mandated Health Insurance

#### Finalize Workplan

- Community-Based Mental Health (10 Minutes)
- Holistic Wellness (10 Minutes)
- Health Care Reform (10 Minutes)

#### Agenda Items for January Meeting

#### Adjourn

## **CALL TO ORDER**

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Peggie Beck called the meeting to order at 3:14 P.M.

### **Review and Approval of Agenda**

Members reviewed and approved the agenda.

**Motion:** Patty Brost moved to approve the agenda. Joan Staley seconded the motion.

**Vote:** 7-0-0-2

**Yeas:** Beck, Brost, Flammang, Frazier, Helm, Schonau, Staley

**Nays:** 0

**Abstentions:** 0

**Excused:** Morgan, Salt

**Motion carried.**

### **Review and Approval of Minutes**

Members reviewed and approved the October minutes.

**Motion:** Patty Brost moved to approve the October minutes. Chuck Frazier seconded the motion.

**Vote:** 7-0-0-2

**Yeas:** Beck, Brost, Flammang, Frazier, Helm, Schonau, Staley

**Nays:** 0

**Abstentions:** 0

**Excused:** Morgan, Salt

**Motion carried.**

### **Announcements**

- Chris Flammang distributed an article on physicians cutting back on their practice.
- Chris Flammang distributed a handout on a Preventative Health Program.
- Chris Flammang reported on a Brain Fitness program that aired on December 2<sup>nd</sup> on OPB. Part two to the Brain Fitness Program will be aired December 4<sup>th</sup> at 11 p.m. There will be another section to this program that will be aired on December 9<sup>th</sup> at 10:30 p.m.

## **PUBLIC COMMENT**

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None.

## **MANDATED HEALTH INSURANCE**

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Maryann Evans with the Department of Consumer and Business Services, DCBS, reported on the Insurance Division. Their mission is to administer the insurance code for the protection of the insurance-buying public while supporting a positive business climate. Maryann distributed and discussed handouts on Health Insurance in Oregon and the Consumer Guide to Health Insurance. Maryann discussed mandates for health insurance and distributed a handout on required reimbursements in Oregon Statute. Maryann also distributed and discussed handouts on Insurance Bill of Rights, SHIBA, Who to Contact When Have Insurance Questions or Complaints, Complaints from 2007, Insurance Advice for Oregon Consumer, Senior & Family Education on Insurance and Financial Issues, Long-term Care Insurance, Oregon Guide to Medigap, Medicare, Advantage and Prescription Drug Plans.

Maryann informed the committee that there is an insurance commissioner but no commission. There is the Health Insurance Reform Advisory Committee that is appointed by the commissioner and they meet on the 3<sup>rd</sup> Thursday every other month from 10 a.m.-12 p.m.

Patty Brost asked Maryann what to do if someone has a complaint about an insurer. Maryann suggested calling the consumer advocacy line or to post complaints electronically on the consumer advocacy website.

## **FINALIZE WORKPLAN**

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Members discussed the draft workplan.

### **Community-Based Mental Health**

The committee discussed:

- Promoting the implementation of mental health services for seniors
- Whether or not commissioners are the most appropriate people to be in charge of Mental Health in their communities
- The need to see elders included in Mental Health services

### **Holistic Wellness**

The committee discussed:

- Educating the public

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- Living Well classes
- Encourage insurance companies to think more about prevention
- Outreach resources available to the public for seniors
- Promote evidence-based programs

### **Health Care Reform**

The committee did not get to this agenda item.

**Action Item:** Committee will funnel additional changes to the workplan to Peggie Beck. Once Peggie makes the changes to the workplan she will send it to Dawn Rustrum and the committee will vote to finalize at the next committee meeting in January.

### **AGENDA ITEMS FOR JANUARY MEETING**

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Peggie Beck touched on the following agenda items for the January committee meeting:

- Vote on finalizing the workplan

Action Item: Peggie Beck asked the committee to send her agenda items and copy Dawn Rustrum in order to build an agenda for the January meeting.

**MEETING ADJOURNED:** 4:50 P.M.