

GOVERNOR'S COMMISSION ON SENIOR SERVICES

Wednesday • May 27, 2009 • 3:00 P.M. – 4:50 P.M.

Comfort Suites (Oregon Conf Room) • 630 Hawthorne Street SE Salem, Oregon 97301

HEALTH AND WELLNESS COMMITTEE

MEMBERS PRESENT:

Peggie Beck

Patty Brost

Chris Flammang

Chuck Frazier

Lucy Morgan

MEMBERS EXCUSED:

John Helm

Millie Salt

Kathleen Schonau

STAFF PRESENT:

Dawn Rustrum, Coordinator

Kelsi Eisele, Administrative Staff

AGENDA ITEMS:

Call to Order

- Introductions
- Review and Approval of Agenda
- Review and Approval of Minutes
- Announcements

Public Comment

Committee Role on Mental health Issues

Member Items

- Mental Health Primary Care Integration Program

Agenda Items for Next Meeting

Adjourn

CALL TO ORDER

Peggie Beck called the meeting to order at 3:01 p.m.

Introductions

Commission members and staff introduced themselves.

Review and Approval of Agenda

Members reviewed and approved the agenda.

Motion: Lucy Morgan moved to approve the agenda. Patty Brost seconded the motion.

Vote: 5-0-0-3

Yeas: Beck, Brost, Flammang, Frazier, Morgan

Nays: 0

Abstentions: 0

Excused: Helm, Salt, Schonau

Motion carried.

Review and Approval of Minutes

There are no minutes to approve due to no Health and Wellness meeting last month.

Announcements

- Chuck Frazier reported on a licensing change for Pharmacy Technicians. Chuck mentioned a 150 hour course starting this fall for pharmacy technicians.
- Patty Brost reported that Portland Community College is developing a program for students to become physical fitness experts for seniors.

PUBLIC COMMENT

None.

COMMITTEE ROLE ON MENTAL HEALTH ISSUES

Peggie Beck discussed how Mental Health Issues fit into the work plan. Chuck Frazier discussed the purpose of the committee and what the committee is moving forward on. Chris Flammang discussed State Health Care reform and suggested seeking someone to sponsor geriatric mental health legislation with the help of the Governor's office. Lucy Morgan reported

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on the retirement connection and Salem area recourses. Chris Flammang suggested reaching beyond ourselves to advocate and possibly create public service announcements. Chuck Frazier suggested developing a position paper on Health Care Reform.

Action Item: Chuck Frazier volunteered to draft a position paper on health care reform.

Action Item: Legislative committee to pull up old legislation on geriatric mental health reform.

Action Item: Dawn Rustrum will email Peggie Beck contact information for Jennifer Mead.

MEMBER ITEMS

Patty Brost reported on:

- SB 749
- Healthy Aging Coalition trying to get healthy nutrition to seniors via Farmers Market leftovers
- Meals at Care Centers vs Meals on Wheels
- Elders in Action Meeting
- Suggests inviting John Cushman, primary care physician, to present to this committee

Peggie Beck shared that in Pendleton businesses donate \$100 a year to the senior center to sponsor meals for seniors.

Mental Health Primary Care Integration Program

Chuck Fraizer reported on the Behavioral Health Primary Care Core Integration Project and the letter he drafted regarding senior needs. Chuck asked the committee to give input on the letter. Patty Brost suggested adding section headings to the letter. Patty suggested mentioning the baby boomers and drug addiction. Patty also suggested adding training for primary physicians and staff.

Motion: Chris Flammang moved to have Chuck Frazier's drafted letter to Bob Nikkel be approved by the full commission. Lucy Morgan seconded the motion.

Vote: 5-0-0-3

Yeas: Beck, Brost, Flammang, Frazier, Morgan

Nays: 0

Abstentions: 0

Excused: Helm, Salt, Schonau

Motion carried.

Chuck discussed HB 2009 and informed the committee that this will be discussed further in tomorrow's meeting by Bob Lawrence.

AGENDA ITEMS FOR NEXT MEETING

Peggie Beck touched on the following agenda items for the June committee meeting:

- Mental Health Update
- Continue conversation on committee workplan and position papers

MEETING ADJOURNED: 4:53 p.m.