

GOVERNOR'S COMMISSION ON SENIOR SERVICES

Thursday • January 21, 2010 • 9:00 A.M. – 3:00 P.M.

Comfort Suites (Oregon Conf Room) • 630 Hawthorne Street SE Salem, Oregon 97301

MEMBERS PRESENT:

Elaine Barrett

Peggie Beck

Jeffrey Brandon

John Brenne

Patty Brost

Chris Flammang

Chuck Frazier

John Helm

Robert Lawrence

Timothy McQueary

Lucy Morgan

Barbara Nelson

Marilyn Patton

Charles Richards

Kathleen Schonau

MEMBERS EXCUSED:

Rep. Jean Cowan

Ross Mathews

Sen. Bill Morrisette

Joan Staley

GUESTS:

Elaine Young

Bob Nikkel

Gina Nikkel

Cindy Becker

Jack Pflug

Vicki Weld

STAFF PRESENT:

Dawn Rustrum, Coordinator

Kelsi Eisele, Administrative Staff

Karen Mainzer, Intergovernmental Relations Liaison

AGENDA ITEMS:

Call to Order

- Introductions
- Review and Approval of Minutes
- Review and Approval of Agenda
- Announcements

Public Comment

Presentation/Discussion: Oregon 2009-2013 State Plan on Aging

Geriatric Mental health Discussion

Commission Business

- Workgroup & Liaison
 - Updates/Reports
- Budget and Expense Report Update
- Discussion of Information Received on 1/20
- Other Items

Adjourn

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CALL TO ORDER

John Helm called the meeting to order at 9:08 a.m.

Introductions

Commission members, staff, and guests introduced themselves.

Review and Approval of Agenda

Members reviewed and approved the agenda.

John Helm adopted the agenda with the addition of time for Bob Lawrence and Charles Richards to present on the Elder Justice Act, legislative session procedures, and the Lifespan Respite Advisory Council.

Review and Approval of Minutes

Members reviewed and approved the minutes.

Motion: Bob Lawrence moved to approve the minutes. Chris Flammang seconded the motion.

Vote: 15-0-0-4

Yeas: Barrett, Beck, Brandon, Brenne, Brost, Flammang, Frazier, Helm, Lawrence, McQueary, Morgan, Nelson, Patton, Richards, Schonau

Nays: 0

Abstentions: 0

Excused: Rep. Cowan, Mathews, Sen. Morrisette, Staley

Motion carried.

Announcements

Bob Lawrence reported on a book Helen Decker Lieres wrote called A Life Transformed By Accident.

PUBLIC COMMENT

Chuck Fraizer read the following into the record on behalf of Tim Malone:

I note on the schedule below that you will be having a discussion on geriatric mental health (MH). I'd sure like to be there for the public comment time but can't. What I think needs to be heard by all, if they are not aware of this already, is that geriatric MH is virtually non-existent. With the exception of my team, Multnomah County, and I think Yamhill and/or Washington county(s), there are not any geriatric programs. A few other counties have a designated geriatric specialist,

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most often untrained. The state geriatric MH person is now an Analyst III, designated to deal with geriatric MH issues if any evolves. No specialization. There are zero training opportunities in geriatric MH, and even if there were, counties won't pay to go to them. And all this despite OARs that specifically mandate counties to have trained geriatric MH Specialist. So the entire geriatric MH system in Oregon needs to be rebuilt. The people who originally built our former exemplary system are still around. We won't have to re-invent anything, just fund it. And I realize that this a pretty tall order these days. Thanks, Tim

Jack Pflug with NW Senior and Boomer News introduced himself and shared that he came to educate the commission about the newspaper and to observe the meeting.

PRESENTATION/DISCUSSION: OREGON 2009-2013 STATE PLAN ON AGING

Elaine Young with Seniors and People with Disabilities (SPD), reported on Oregon's 2009-2013 State Plan on Aging. Elaine presented the following:

- Introduction to the State Plan
- State Planning on Aging Process
- Statewide Advisory Council
- DHS Mission
- Demographic Challenges
- Population Gap
- Impact of Population Changes
- Cost of Care
- Economic Challenges
- Effects of Economic Challenges
- Context of State Plan
- State Unit on Aging
- Area Agencies on Aging (AAAs)
- Goals and Objectives
 - (1) Ensure Alignment of the Aging Network Service Delivery System and the State Policy on Aging (ORS 410)
 - (2) Healthy Aging
 - a. Cost of Chronic Health Conditions
 - (3) Civic Engagement
 - (4) Consumer Direction and Choice
 - (5) Elder Rights and Abuse Prevention
- Disaster Preparedness Plans
- Coordination Between Title III and Title VI

- Faith-Based Initiatives

The State Plan on Aging web site is here: <http://www.oregon.gov/DHS/spwpd/sua/index.shtml>
Elaine asked the commission to think of ideas on how they would like to implement the state plan and how the commission and her unit could work together.

Action Item: Bob Lawrence asked staff to email the web link to the State Plan on Aging and a copy of the Oregon Project Independence (OPI) report to the commission.

GERIATRIC MENTAL HEALTH DISCUSSION

Bob Nikkel, Special Assistant to Director for Health Services, introduced himself, shared his background and experience working in the field and reported on his role with the integrated health care efforts happening in Oregon. Bob also mentioned there has been discussion around creating a tool kit for health integration.

Gina Nikkel, Executive Director of the Association of Community Mental Health Programs, distributed and discussed Governance Structure Links 4 Health Integration. Gina reported that there are already 120 integration projects going on at the county level and that Deschutes, Jefferson and Crook Counties are currently involved in a pilot integration project. Gina briefly discussed HB 3618 for the February interim session and offered that she'd be glad to partner with the commission during the next legislation session.

Cindy Becker, Director of Clackamas County Housing and Human Services, reported on behavioral health in Clackamas County. She discussed the barriers for seniors living in the county that need mental health and addictions services. She also shared that Brenda Durbin will be presenting on senior needs assessments in the county and that Public Health is currently conducting a survey called the Roadmap to Healthy Communities. Cindy announced that this spring they will be holding an Addictions Campaign for Seniors and that she is working on helping seniors get the information and services they need.

COMMISSION BUSINESS

Workgroup & Liaison Updates/Reports

Marilyn Patton distributed and discussed the Medicaid Long Term Care Quality and Reimbursement Advisory Council (MLTCQRAC) annual report. Marilyn also reported on the October, November and December meetings for MLTCQRAC.

Lucy Morgan reported on the Steering Commission on Quality Initiatives.

Bob Lawrence reported on the Rate Restructuring meeting.

Patty Brost reported on the Healthy Aging meetings and touched on tai chi and healthy eating. Patty also reported on Elders in Action's grant funding, POLST Registry Advisory Committee and the Home Care Commission. Patty shared an example of the Ready Book from the Home Care Commission meeting and discussed how it works. Patty also reported on the Health Care Committee. The committee is going to focus on the Oregon Health Authority.

Chuck Frazier distributed a handout on Health Care Reform and Seniors. Chuck discussed Macro-Economic considerations and Medicare/Medicaid considerations.

Tim McQueary reported that the ADRC group will be meeting on February 25th at the Lebanon community hospital.

Bob Lawrence suggested having a representative from GCSS for the Long Term Care Ombudsperson meetings. John Brenne announced that he is interested.

Action Item: Patty Brost will draft a letter to POLST on behalf of the Governor's Commission on Senior Services in support of what POLST is trying to accomplish.

Motion: Kathleen Schonau moved that the commission send a letter of support to the POLST registry program. Barbara Nelson seconded the motion.

Vote: 15-0-0-4

Yeas: Barrett, Beck, Brandon, Brenne, Brost, Flammang, Frazier, Helm, Lawrence, McQueary, Morgan, Nelson, Patton, Richards, Schonau

Nays: 0

Abstentions: 0

Excused: Rep. Cowan, Mathews, Sen. Morrisette, Staley

Motion carried.

Budget and Expense Report Update

Chuck Frazier reported that he met with Elaine Barrett and has all the official documents he needs to become the GCSS financial officer. Chuck also reported on GCSS's current budget. The commission thanked Elaine for her hard work as the GCSS financial officer.

Discussion of Information Received from 1/20

Tim McQueary reported on the transportation presentation from yesterday's meeting. Tim announced that the committee will make decisions as to what to present to the commission at the March full commission meeting.

Marilyn Patton reported on the geriatric mental health committee.

Other Items

John Helm addressed the question regarding looking for new members for the commission. John distributed a recruitment letter for the commission to review and discussed where the letter should be sent to. Elaine Barrett would like to include in the letter that the commission currently has vacancies and would like the letter to target areas where there is no current representation on the commission. The commission came to the decision that they would like a diverse representation throughout the state and would like the letter to reach as many people as possible.

Bob Lawrence reported on the Elder Justice Act which is in the Senate Health Care Reform bill. Bob would like the commission to get involved with the Elder Justice Act.

Action Item: Bob Lawrence will draft a letter on behalf of the commission in support of the Elder Justice Act. Karen Mainzer will assist Bob with Oregon stats to include in the letter.

Bob Lawrence reported on the interim legislative session. Bob reported that Tim McQueary will review the Senate Bills, Marilyn Patton will review the House Bills and Charles Richards will monitor all Veterans issues that are related to seniors. Patty Brost will review HB 3618 and will share her recommendation with Bob. Bob reported that the commission is going to keep an eye on the HB 3640, which is a manufactured home tax bill.

Charles Richards reported on the Advisory Council for Lifespan Respite.

Action Item: Commission members will notify Kelsi Eisele when they have a specific contact they would like the GCSS recruitment letter to be sent to.

John Helm thanked and presented certificates of appreciation of service to Bob Lawrence, Elaine Barrett and Barbara Nelson who have served their terms on GCSS.

MEETING ADJOURNED: 2:33 p.m.