

Minutes

Governor's Commission on Senior Services September 20, 2006 Canby Grove Conference Center

Members: John Helm (chair), Eunice Dutton (vice-chair), Peggie Beck, John Brenne, Denise Dion, Chuck Frazier, Marilyn Hinds, Kay Kirkbride, Charles Kurtz, Robert Lawrence, Barbara Nelson, Dolores Raymond, Jack Roberts, Kathleen Schonau, Remona Simpson, Joan Staley, Kelly Wessels

Guests: Marla Rae (facilitator)

Excused: Chris Flammang

Staff: Morgen Brodie, Becky Murphy, Marc Overbeck

Called Meeting to Order

- Marla Rae introduced herself as the facilitator and welcomed GCSS members and staff.
- Shelley Manley, the representative of the Canby Grove Conference Center, welcomed all to the campgrounds sharing their history and logistics, especially the location of the dining room.
- Marc gave other logistics, especially for those not staying all night.

Icebreaker/Introductions - Marla's icebreaker was members and staff introductions that included: name, where from, and a claim to fame.

Ground Rules - Marla reviewed her ground rules: all equal, no sidebars, no monologues, no personal attacks, be discreet, boldness us a virtue (nothing is stupid), and have some fun.

Agenda – Marla reviewed the agenda, and mentioned she would break every 50 minutes for a 10 minute break.

Objectives for Planning Days

John H mentioned there were many issues and tools listed, in which members would need to distinguish. The Commission will need to decide what is most important to work on. He reminded the group the plan was to adopt a platform, create an action plan, develop work plans to accomplish goals, select officers and committees, and evaluate/plan.

Marla reminded the group about the group's values (respect, listen to what is being said, be concise and focused, everyone participates, and have fun). Marla went over the flow chart to evaluate topics. Marc went through meeting packet. Marla showed how members voted on the issues and Marc added how the community forums responded to those same issues.

Marla reviewed GCSS mission by going over the statute.

Priority Issues & Review of the Community Forum Highlights

It was discovered that many issues could either be combined or could be interdependent on others. Some issues could also be considered tools.

Discussion included:

- Various ways to possibly break down the list into something more manageable.
- Various combinations for possible committees.
- Some issues could be tools or both.
- Proposals included deciding as a full group on priorities or breaking up into three groups to do so and then come back together for assignments.
- Flow chart problem---step if anyone else working on issue probably applies to most issues.

DECISION: Flow chart will be revised.

DECISION: Members will be divided in three groups which will review the full list of issues and make recommendations.

The three groups met to create their team slogan or battle cry and to begin discussion on priorities.

- North (mezzanine): Chuck, Dolores, John, John, Eunice, Robert
- South (lobby): Barbara, Elaine, Jack, Marilyn, Kathleen, Charles
- Central (here): Kelly, Peggie, Joan, Kay, Remona, Denise

Dinner Speaker---Margaret B. Neal, Ph.D.

Margaret used an analogy of meal courses in her speech referring to the FLTC Report and GCSS recommendations.

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Guests: Marla Rae (facilitator)

Excused: Chris Flammang

Staff: Morgen Brodie, Marc Overbeck, Wendy Russell

Called Meeting to Order 8:35

Break Out Groups: The groups that were designated on September 20th got together again to finishing their thoughts of what the Commissions priorities should be for the next 18 months.

North-The group tried to establish priorities by what the commissions charge is & results of the community forums. They see that the primary roles as a commission are to advocate for senior issues and well-being as well as advocate to the citizens issues of concern and well being. In their priority levels they included funding, planning to include data accumulation and data analysis, healthy lifestyles, education and outreach, and partnerships.

South- This group decided that the priorities should all fit under a plan for future of long-term care umbrella which would include education/advocacy, partnerships, funding/learning. Their priority issues were Senior Mental Health, Abuse, Healthy Lifestyles, and the Long-term care project w/DHS.

Central- This group considered other influences and core elements of what priorities needed to be carried over. The issues that mean the most to them included Mental Health and the work that needed to continue regarding SB781, care giving, healthy lifestyles, abuse, and housing They reminded the Commission that no matter where the commissions work focuses, it needs to effect change. The Commission is influential not just today but also in regards to the future.

The group roughed out a platform/mission statement:

We will work hard to identify barriers and find solutions to ensure the well being of all Oregon seniors.

It became a work in process that the small groups discussed.

Chuck Frazier was given a reward regarding his claim to fame being that he is retired.

Marla Rae gave a brief book report on When Generations Collide. By Lynne C. Lancaster and David Stillman.

After returning from their break the group discussed ways to accomplish their action plan. They were reminded that GCSS's passions translate to its successes.

Marla came up with a "straw man" idea on how to maybe structure the committees that the group discussed and used as a starting point to the restructuring.

Community Infrastructure- Transportation, housing, volunteerism, caregivers, workforce issues, info & referral, senior centers

Health & Well Being- Mental Health, Abuse, Acute & Long Term Care, Adult day services

Statewide Service Array- OPI, Medicaid, In Home Services, Nursing Home Safety

The breakout groups met again and narrowed their choices down even further.

South-Caregivers, Mental Health, Abuse, Acute & LTC.

North- Caregiver project after analysis, Mental Health (stand alone issue), abuse (monitor) liaison reports and continue everyday heroes and financial abuse, acute & LTC create projects as appropriate. Support OPI initiatives and monitor rule changes.

Central-Mental Health, Abuse, caregivers.

Adjourn 4:30.

Minutes

Governor's Commission on Senior Services September 22, 2006 Canby Grove Conference Center

Members:	John Helm (chair), Eunice Dutton (vice-chair), Peggie Beck, John Brenne, Denise Dion, Chuck Frazier, Marilyn Hinds, Kay Kirkbride, Charles Kurtz, Robert Lawrence, Barbara Nelson, Dolores Raymond, Jack Roberts, Kathleen Schonau, Remona Simpson, Joan Staley
Guests:	Marla Rae (facilitator)
Excused:	Chris Flammang, Kelly Wessels
Staff:	Morgen Brodie, Marc Overbeck, Becky Murphy

Called Meeting to Order

Marla presented stars with "Friday" references.

Review/Summarize Priority Goals

Established yesterday for committees:

Acute and Long-Term Care will be the topic for the full commission

Abuse: Eunice, Kathleen, **Jack**, Marilyn (Peggie, Joan, Kay)

Caregivers: Elaine, **Remona**, **Kay**, Kelly (Chuck, Eunice, Barbara)

Mental Health: Joan, Peggie, **Chuck**, John B, **Denise** (Remona, Charles, Marilyn)

Legislative: Robert, Dolores, Charles, Barbara, Chris (John B) [Peggie, Eunice]

Work Plan Development

Jack, Abuse chair, briefly reported they plan to invite Judy Giggy to attend the October meeting to share stats of the four areas of abuse. Marilyn will continue to share some her contacts and the Everyday Heroes Program. Various areas will be checked on such as good faith reporting, partnership of DHS and AARP, review of what can be measured and rate of success. Kathleen and Marilyn mentioned public guardianship and Eunice will continue with Financial Abuse.

Remona, Caregivers chair, briefly reported they plan to review day care stats, invite speakers to address policy and funding, possible proclamation for the National Caregiver Month, visit some of the day care centers, and possible tax credits for family caregivers.

Denise, Mental Health chair, briefly report about three areas of interest: the State Hospital master plan (community based resources; drafting letter to Bob Nikkel), SB 781 (interested in the requirements, county mental health plans, successful counties, contacting Don Butsch and Tim Malone, resources for collaboration) and elder suicide (intervention training; contacting Lisa Maha).

Commission Business

Meeting Logistics & Structure

Thursday:

- Abuse – 10:00-11:50
- Working Lunch – 12:00-1:00 (Guest Speakers)
- Caregivers- 1:00-2:50
- Mental Health – 3:00-4:50

Friday:

- Legislative – 8:00-9:50
- Full Commission – 10:00-3:00

MOTION: Adopt new schedule. *Passed.* (Robert Lawrence/Peggie Beck)

Meeting room discussion---DHS buildings versus the motel.

For October's meeting, Thursday's schedule may need to be adjusted because of the Annual Celebration. It was the consensus that staff can adjust the schedule.

Suggestions to make the meetings more effective:

- Speakers to relate to specific goals, and timeframe.
- Give time for questions and answers.

- Speakers who want reviews/approval/support need to request a month ahead at least and all information is to be in the packet.
- Monthly updates written instead? Committee information in writing. Actions only shared with full GCSS.
- More speakers from the field offices of SPD and AAAs instead of just SPD.
- Reimbursement of speakers? Need of a contract; timeline.
- Synopsis in packet – no answer or “no” before presentation. High priority email. See if public relations first before contact.
- Timeframe – visitors input – not questions and comments.
- Timekeeper at each meeting---members and public. If over time, flexibility or consensus of group. Monitor ourselves.
- Be concise and focused. Training?

MOTION: Approve 2007 calendar. Passed. (Eunice Dutton/Remona Simpson)

Request for the calendar on cardstock.

Staff Evaluations/Relationship of Commission & Staff: Morgen reported on the compilation of evaluation comments and proposal response. She requested members to submit any comments to a member of the Executive Committee.

John concurred with the appointment of Committees and Chairs.

Election of Executive Committee Members: Voting occurred. (See last page.)

Closing Summation – John Helm (working lunch)

During lunch, John announced the election results. Bob, Eunice, and Chuck gave greetings and announcements. Marilyn announced the Everyday Heroes Presentation on October 18th.

GCSS has received three applications to fill vacancies. Perspective members can be invited to the Annual Celebration. Members can initiate others to submit applications.

John’s closing remarks: He thanked the Planning Days Committee and Staff. He felt GCSS members are enthusiastic, collaborative, and accomplished what they set out to do. Also, he complimented the camp on their meals.

Adjourn

Action Item:	Assigned To:	Deadline:
Invite Judy Giggy to the October Abuse Committee		10/06
Adjust October’s schedule because of the Annual	Staff	

Celebration.		
Have 2007 Calendar on cardstock for members.	Staff	
Invite any perspective members to Annual Celebration.	Staff	

Election Results (How each member voted.)

GCSS Member	Vice-Chair	Legislative Coordinator	Member at Large
Elaine Barrett	Eunice Dutton	Robert Lawrence	Chuck Frazier
Peggie Beck	Eunice Dutton	Robert Lawrence	Chuck Frazier
John Brenne	Eunice Dutton	Robert Lawrence	Chuck Frazier
Denise Dion	Eunice Dutton	Robert Lawrence	Dolores Raymond
Eunice Dutton	Eunice Dutton	Robert Lawrence	Chuck Frazier
Chris Flammang	Absent		
Chuck Frazier	Eunice Dutton	Robert Lawrence	Chuck Frazier
John Helm	Eunice Dutton	Robert Lawrence	Chuck Frazier
Marilyn Hinds	Eunice Dutton	Robert Lawrence	Chuck Frazier
Kay Kirkbride	Eunice Dutton	Robert Lawrence	Chuck Frazier
Charles Kurtz	Eunice Dutton	Robert Lawrence	Dolores Raymond
Robert Lawrence	Eunice Dutton	Robert Lawrence	Chuck Frazier
Barbara Nelson	Eunice Dutton	Robert Lawrence	Chuck Frazier
Dolores Raymond	Eunice Dutton	Robert Lawrence	Chuck Frazier
Jack Roberts	Eunice Dutton	Robert Lawrence	Chuck Frazier
Kathleen Schonau	Eunice Dutton	Robert Lawrence	Dolores Raymond
Remona Simpson	Eunice Dutton	Robert Lawrence	Chuck Frazier
Joan Staley	Eunice Dutton	Robert Lawrence	Dolores Raymond
Maria Smith	Absent		
Kelly Wessels	Absent		