

WIC Fruit & Veggie Voucher Frequently Asked Questions

Q. What is the WIC Fruit & Veggie voucher?

- A.** The WIC Fruit & Veggie voucher is a monthly cash value voucher for fresh and frozen fruits and vegetables for all WIC families!
- WIC will give women and children a Fruit & Veggie voucher of \$5, \$6 or \$10 every month. (See pictures of vouchers on the back of this sheet.)
 - Oregon WIC participants may spend their Fruit & Veggie vouchers at WIC-authorized **grocery stores** *and* with WIC-authorized **farmers**.

Q. How do WIC families get the Fruit & Veggie voucher?

- A.** WIC families receive these vouchers when they come to scheduled appointments, nutrition education classes, or the WIC clinic.

Q. What can WIC families buy with the Fruit & Veggie Vouchers?

- A.** There are many choices of fresh and frozen fruits and vegetables that a family can buy with their vouchers. (See the WIC Food List for details and restrictions.)

Q. Are the Fruit & Veggie Vouchers different than the green Farm Direct Nutrition Program Checks WIC families get in the summer?

- A. Yes.** The WIC Fruit & Veggie Vouchers will **not** replace the green Farm Direct Nutrition Program checks for WIC families.
- The WIC Fruit & Veggie Vouchers will be used **year-round**, while the Farm Direct Nutrition Program will continue to be seasonal.
 - During the summer months, both programs will be running.

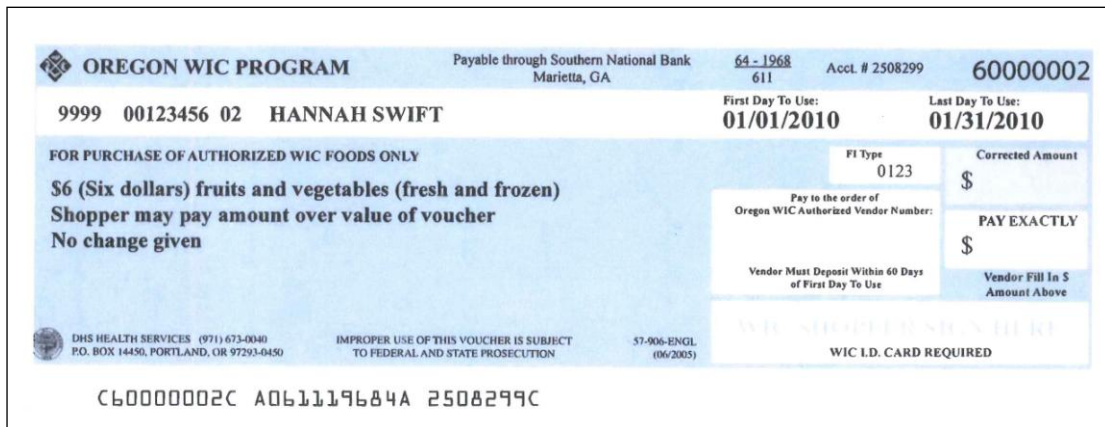


Q. Can WIC families use their WIC Fruit & Veggie Vouchers at a farmers' market or farm stand?

- A. Yes.** The WIC Fruit & Veggie Vouchers will be accepted by authorized farmers.
- Farmers may sign up to accept the WIC Fruit & Veggie Voucher for their fresh and frozen produce. Farmers may contact the Oregon Department of Agriculture at 503-872-6600 to sign up.

Q. What do the WIC Fruit & Veggie Vouchers look like?

A.



The vouchers are issued in \$5, \$6 or \$10 denominations. The value is printed on the voucher as shown in the image above.

**For further questions, please contact
Oregon WIC Program, (971) 673-0040**

If you need this information in an alternate format, please call 971-673-0040.
WIC is an equal opportunity program and employer.